

Resources and News for the Lower Eastside

In these challenging times, we committed to providing factual, up to date information about Coronavirus in our community and the City at large.

Send Us Tips or News Here

What's your vision for better streets in your neighborhood?

with speed cushions FOR PEOPLE who drive kids to school.

The City of Detroit is developing <u>Streets for People</u>, a transportation plan with a singular focus — to make it easier and safer for all Detroiters to move around the city. Streets for People is rooted in five values:

1. SAFETY FIRST Streets should be safe for all Detroiters no more crashes, no more deaths.

2. EQUITY, DIGNITY, AND TRANSPARENCY Detroiters, these are YOUR streets help us make them work best for you.

3. ACCESS FOR ALL

All Detroiters should be able to easily move around the city, no matter their age or ability.

4. ECONOMIC OPPORTUNITY

Improve access to jobs and support neighborhoods by designing better streets and mobility options.

5. PUBLIC HEALTH Better mobility options

can improve the health of Detroiters and reduce pollution.

DID YOU KNOW?

Between 2014—2018, **529** people were killed in traffic crashes in Detroit and another 2,102 were seriously injured.

Over 83,000 people ride buses daily.

1 in 4 Detroiters do not have access to a car.

Learn more at: detroitmi.gov/streetsforpeople Text 313-509-1559





/IRTUAL IOMEOWNER PROPERTY TAX ASSISTANCE PROGRAM

Get help with your property taxes!



Virtual Homeowners Property Tax Assistance Program Information Session

Wednesday, March 17 • 5 pm

If you cannot pay your taxes for financial reasons, you may be able to reduce or eliminate your current year's property tax obligation with the Homeowners Property Tax Assistance Program. Learn how to apply at the Virtual HPTAP Information Session.

The Homeowners Property Tax Assistance Program (HPTAP) allows homeowners to be exempt from their current year property taxes based on household income.

Join the meeting via Zoom

https://cityofdetroit.zoom.us/ j/83957264847?pwd=NmVHUI RGRWRDQSs3S05MbC9EWI JMQT09

Passcode: 260097

Dial by your location Telephone

(for higher quality, dial a number based on your current location): (267) 831 0333 (301) 715 8592 Webinar ID: 839 5726 4847

For more information about the HPTAP, visit www.detroitmi.gov/HPTAP or call (313) 224-3035 and press 1.

Visit <u>ecn-detroit.org</u> or call 313-571-2800 to learn more about how to receive HPTAP support.

BUILDING OF FINANCIAL AND COMMUNICA RESILIENCE RESILIENCE INTERVIEW INTERVIE

SHOW ME THE MONEY DAY 2021

SAVE THE DATES FOR OUR UPCOMING DRIVE-THROUGH EVENTS

February 13, 2021 · 12:00-2:00pm Address: East Lake Baptist Church, 12400 E. Jefferson **Topics:** Free Tax Preparation Resources, Property Tax Exemption, Property Tax Foreclosure

March 13, 2021 · 12:00-2:00pm Address: TBA Topics: Homeowner Resilience (Home Repair Loans/Grants)

April 10, 2021 • 12:00-2:00pm Address: TBA Topic: Healthy Resilience Community

RAFFLE DRAWINGS & PRIZES WE WILL DISTRIBUTE FOOD AT ALL EVENTS! WWW.JEFFERSONEAST.ORG

Stay tuned on more upcoming Show Me the Money Day events!

Accepting Applications Now!

Apprenticeship applications are being accepted for Pipefitters Local 636 March 12th - 26th

Bann \$100,000+ a year with overtime! Other benefits to this trade inloade: Full-time opportunities healthcare, pension, and vacation pay is paid on your behalf by your employer?

Download your Application nowl

Earn more and learn more than most college degrees and without debt

Requirements:

- Minimum of 18 years old
- Valid drivers license
- Working Transportation
- High School Diploma or GED

Pipefitters636tc.org

- Pass basic reading, applied math, and location of information exams
- Pass a drug test

MCADetroit.org

Contact Melody Magee (Chief Talent Officer) at 313-779-1666 or 313-341-7661 mmagee@mcadetroit.org





"Retail Boot Camp program has helped guide with resources, educate through information, and stretched us with assignments while introducing the importance of structure to our business. We are even more grateful about its continuous support beyond the program."

> DARRYL AND DEKOVEN HUMES, MATURE, 2017 RBC GRADUATE





Parents: Does your child need a safe space to do their school work virtually -- that isn't at home?

If your child is enrolled in a virtual or hybrid K-5 program, and you need them in a safe, reliable place to sign-on to their school program during the day at a high quality child care center.

Who should apply:

Families with students who currently attend a school that is virtual or running a part-time (hybrid model)
Families who have a child with a possible health condition that makes attending a larger school setting not possible in

this time

- Families with an infant to toddler presently in child care but a school age child learning virtually at home



To learn more about this School Age Child Care Program, visit www.CECDetroit.org/soars or call 313-217-9005.

Programming and supports made possible through partnerships of the following organizations:



Families can QUALIFY for just a copay on TUITION, and students remain enrolled in their current elementary school! Younger siblings may qualify too. Call today. Limited Seats are Available.



NOW OPEN: AN EXCLUSIVE TWO-WEEK LOAN APPLICATION PERIOD FOR SMALL BUSINESSES

Learn more at SBA.GOV









	ORGANIZATION NAME	PHONE NUMBER	EMAIL		
1	FRIENDS OF THE ALGER THEATER	(313) 720 - 3904	friends@algertheater.org		
2	EASTSIDE COMMUNITY NETWORK	(313) 364 - 9423	help@ecn-detroit.org		
3	JEFFERSON EAST, INC.	(313) 314 - 6414	neighborhoodsvcshub@jeffersoneast.org		
4	MACC DEVELOPMENT	(313) 731 - 2037	edythe@mackave.com		
5	U-SNAP-BAC	(313) 640 - 1100	jawanaj@usnapbac.org		
6	CENTRAL DETROIT CHRISTIAN	(313) 873 - 0064 ext. 22	tsmith@centraldetroitchristian.org		
7	CODY ROUGE COMMUNITY ACTION ALLIANCE	(313) 397 - 9280	rbare@codyrouge.org		
8	GRANDMONT ROSEDALE DEVELOPMENT CORPORATION	(313) 387 - 4732 ext. 103	kyarbrough@grandmontrosedale.com		
9	BRIDGING COMMUNITIES	(313) 361 - 6377	g.white@bridgingcommunities.org		
10	SOUTHWEST ECONOMIC SOLUTIONS	(313) 841 - 9641 ext. 374	kralston@swsol.org		

For additional assistance, please reach out to the following organizations:

HOUSING ASSISTANCE	UNITED COMMUNITY HOUSING COALITION	(313) 405 - 7726	uchcdetroit.org/resources	
FUNDING ASSISTANCE	WAYNE METRO	(313) 388 - 9799	waynemetro.org/cares	
INCOME TAX ASSISTANCE	ACCOUNTING AID SOCIETY	(313) 556 -1920	accountingaidsociety.org	

Call to schedule a virtual appointment with ECN. We're happy to help every 2nd Monday of the month from 2-6pm.

BRIDGE **C** DETROIT DETROITERS BY 3. E ET PIO Subscribe to BridgeDetroit for FREE today at BridgeDetroit.com FOLLOW US! f Got a story to tell? Contact us at info@bridgedetroit.com



detroitmeansbusiness.org

DETROIT

Taxes on the Go - In Person



For those with annual household incomes up to \$57,000

Make an appointment

FREE VIRTUAL INCOME TAX SERVICE

 Schedule an appointment to bring in your tax documents. Your appointment will take about 30 minutes.

Bring in your tax documents

• Your intake specialist will ask you a few questions, scan your documents, and make sure all your information is correct.

Go about your day

• An IRS certified tax preparer will work on your tax return after you leave.

Review

 Within 14 business days, your return will be completed and you'll receive a call letting you know your return is ready. An IRS certified tax preparer will then review and finalize the return with you.

Return delivery options

- · We'll mail your completed tax return to the address you provided OR
- We'll send your completed tax return, via an encrypted link, to the email address you
 provided.

2021 Virtual Tax Partners

- Eastside Community Network
 Matrix Human Services
- Focus: HOPE
- Goodwill Flip the Script
- Goodwill Greater Detroit
- SER Metro NWAC
 SER Metro Michigan Ave.
- U Snap Bac

Call Accounting Aid Society for details at 313-556-1920!







By appointment only! We are not accepting any walk-ins. You will be required to do a health screening and a face mask must be worn at all times, no exceptions! Only the taxpayer(s) will be allowed into the building.





Participate in an interview study!

COMMUNITIES CONQUERING COVID



HUM00190371

COVID-19 has affected Black and Latino communities more than others in America. We would like to hear your thoughts about COVID-19 and ways to decrease the burden of this crisis.

Who can participate in this study?

Volunteers who are:

- 18+ years of age
- African American, Black, Hispanic and/or Latino
- · Comfortable speaking English or Spanish
- Living in Genesee, Kent, Washtenaw, or Wayne County. We will do 10 interviews per county.

What will you do if you participate in this study?

Participate in a 1-hour interview by phone or video call.

What will you receive for volunteering?

You will receive a \$50 gift card for your participation.

If you have questions or want to sign up:

Call: 734.647.0699 Or email: c3covid19@med.umich.edu

Get in touch today!

Help us understand how COVID-19 is affecting your community, and what can be done to make things better.

Study title: "The Fierce Urgency of Now": Communities Conquering COVID (C3)

MICHIGAN MEDICINE 🔹 ACCESS 🕂 CHASS

FCA Home Repair Phase II Up to \$15,000 in Home Repairs



APPLY BETWEEN MARCH 1 AND MAY 10, 2021

The FCA Home Repair Phase II program provides home repairs for up to 60 owner-occupied homes in the FCA Community Benefits Agreement Impact Zone. Household income and proximity to the FCA Project Site and associated truck routes will be used for prioritization of homes. This program is funded by FCA and administered by Bridging Neighborhoods – City of Detroit.

Repairs Will Likely Include One of the Following:

Furnace replacement Roof replacement / repairs Windows / doors / insulation Foundations Plumbing Electrical Painting / soling / brickwork Porch / structural support Floor, wall, and ceiling repair Drain replacement

% of Area	Income Limits by Family Size								
Median Income	1	2	3	4	5	6	7	8+	
30%	16,500	18,850	21,720	26,200	30,680	35,160	39,640	44,120	
40%	22,000	25,133	28,960	34,933	40,907	46,880	52,853	58,827	
50%	27,500	31,417	36,200	43,667	51,133	58,600	66,067	73,533	
60%	33,000	37,700	43,440	52,400	61,360	70,320	79,280	88,240	
70%	38,500	43,983	50,680	61,133	71,587	82,040	92,493	102,947	
80%	44,000	50,267	57,920	69,867	81,813	93,760	105,707	117,653	

Who May Apply?

Community Information Sessions

• Homeowner I

February 18, 2021 6:00 - 8:00 PM

Join the meeting on the computer at: https://cityofdetroit.zoom.us/j/84381947962

Or to join by telephone, call 267-831-0333 and use Meeting ID 843 8194 7962

February 24, 2021 6:00 - 8:00 PM

Join the meeting on the computer at: https://cityofdetroit.zoom.us/j/83609016444

Or to join by telephone, call 267-831-0333 and use Meeting ID 836 0901 6444

Questions? Call (313) 628-2231

Email <u>fcahomerepair@detroitmi.gov</u> Visit <u>www.detroitmi.gov/fcahomerepair</u>

- Homeowner living in home within the Impact Zone (see map)
- Household income is below 80% of Area Median Income
- Property taxes paid OR owner is current in a payment plan
- Hasn't had home repair grants totaling \$10k in past 10 years



With advance natice of seven calendar days, the City of Detroit will provide Interpreter services at public meetings, including language translation and reasonable ADA accommodations. Please contact the Civil Rights, Inclusion, and Opportunity Department at (313) 224-4950, through the TTY number 711, or email <u>crio@detroitmi.aov</u> to schedule these services.

Online Application Opens February 4, 2021

Are you a Detroit resident between the ages of 14 - 24 interested in a paid, virtual summer learning experience? Express your interest by completing the online application at www.gdyt.org.



Grow Detroit's Young Talent



IS JUST A PHONE CALL AWAY

Genesis**HOPE** WeCARE Help Desk 313.731.2048

Unemployment

- Food Assistance
- Emergency Cash
- Home Repair Grants
- Senior Wellness Checks
- Utility Payment Assistance
- Furnace/Boiler Replacement







CUSTOMER ASSISTANCE PROGRAMS

The Detroit Water and Sewerage Department (DWSD) and our partners have programs to assist you.

WRAP (Water Residential Assistance Program)

You may be eligible for a monthly \$25 bill credit, up to \$700 toward your past-due balance and minor home plumbing repairs of \$1,500 on average. Eligibility is based on income. A four-person household with a combined income less than \$52,400 every year, for example, meets the income qualifications. Call Wayne Metro Community Action Agency at 313-386-9727 to see if you qualify and to apply.

10/30/50 Plan

No income restrictions to apply. Make a deposit of 10%, 30% or 50% of your past due balance. The remaining balance is spread across 6-24 months. Call **313-267-8000**, visit **www.detroitmi.gov/paymywaterbill** and register your account.

Are you a Veteran?

Through the Soldiers and Sailors Relief and Michigan Veteran Trust Fund, Veterans and their spouses may obtain emergency financial assistance to avoid a water service interruption. They also offer other emergency utility assistance. Call **313-224-5045** for more details.

MDHHS Emergency Services

The Michigan Department of Health & Human Services has emergency financial assistance available for qualifying low-income households. Call **2-1-1** or visit **www.mibridges.michigan.gov** to learn more.

Other Assistance Partners Human Utility at www.detroitwaterproject.org

The Heat and Warmth Fund (THAW) water assistance at 800-866-8429 or www.thawfund.org

United Way for Southeaster Michigan at www.unitedwaysem.org or call 2-1-1

June 2020

WE CAN HELP.

FOR MORE INFORMATION, CALL 313-267-8000 www.detroitmi.gov/DWSD



Detroiters interested in obtaining one or more recreational marijuana licenses can now take the first step to be certified as a Legacy Detroiter before license applications open April 1.

Accounting AidSociety

We use taxes to build relationships. And relationships to build futures.

Accounting Aid Resumes Tax Prep in a Virtual World VITA ACE - ACCESSIBLE, CONVENIENT AND ELECTRONIC

VITA ACE is a safe and reliable way for Accounting Aid Society to prepare your federal, state and city tax returns without in-person contact and at no cost. Using a secure, IRS-approved software, VITA ACE lets you use your smartphone, tablet, or computer's camera and email address to upload your tax documents and electronic signature without leaving your home.

VITA ACE is limited to most families and individuals with incomes up to \$56,000. If you meet this criteria, you'll need to have the following items:

- Smartphone, tablet or computer with a working camera
- A valid email address you can access on the device you've selected from above
- Identification and tax documents for a complete list of what you'll need, click <u>here</u>.



Make an appointment: Click Here OR Call 1-844-806-5780

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HOW IT WORKS

- Schedule a phone appointment through this simple <u>online form</u> or by calling 1-844-806-5780. You'll need to
 answer a few questions first to make sure VITA ACE is the right tax preparation choice for you.
- Gather your tax documents and smartphone, tablet or computer before your scheduled phone appointment.
- During the date and time you selected for your appointment, an Accounting Aid team member will call you to
 help you use your device camera to share your tax documents to a secure link. The team member will send you
 an email with the upload link during your phone call, so you can upload your documents while they remain on
 the phone with you.
- After collecting your documents, Accounting Aid's IRS-certified tax team will prepare and review your tax return.
- Within a week, we'll call you to let you know your tax return is complete and ready for your electronic signature. Once signed, we'll electronically file it for you and it will be processed by the IRS.

3031 W. Grand Blvd., Suite 470, Detroit MI 48202

(313) 556.1920 info@accountingaidsociety.org accountingaidsociety.org

Wayne Metro CARES Relief & Recovery Services



Food & Income Support

Distributing food, formula, diapers, wipes & Personal Protection Equipment.

Emergency Plumbing Repair

Provide plumbing repairs that will resolve the immediate emergency with access to water services.





Property Tax Assistance

Offering Property Tax Assistance, which can help reduce property taxes.

Who Qualifies?

- 200% of Poverty
- Layoff, Decrease in Hours, Recipient of Unemployment
- Child in Head Start or have a child receiving free or reduced lunch
- Receipt of benefits through the Michigan Department of Health and Human Service (MDHHS).
- Benefits to include but not limited to: SNAP, TANF, SDA, Medicaid and childcare benefits
- Current enrollee in other assistance programs (Ex. WRAP, MEAP, HUD programs) that currently have income guideline restrictions



Community Action Agency

In an effort to respond to the immediate needs of Wayne County residents, Wayne Metro is implementing our CARES Relief & Recovery Services. Through this new initiative, residents may qualify for assistance in the following areas:

Water & Energy Assistance

Providing residents with financial assistance towards energy & water utilities.



Rent & Mortgage Assistance

Providing rental assistance & help towards mortgage payments.

Funeral Assistance

Providing financial assistance towards burial and cremation services.



How to Get Help

Please visit

www.waynemetro.org/CARES • (313) 388-9799

www.waynemetro.org/CARES or call the Wayne Metro CONNECT Center at (313) 388-9799.

The CONNECT Center hours are Monday-Friday, from 9:00 a.m. to 7:00 p.m. and Saturday from 9:00 a.m. to 12:00 p.m.

Programs will vary based on community.

Mack Ave Business Directories

Check out our Mack Ave Business Directories to shop local!

Mack Ave Business Directory

Black-Owned Business Directory

Women-Owned Business Directory

COVID-19 Vaccinations



CITY OF DETROIT COVID-19 VACCINES UPDATE - DETROITERS

Updated: February 17th, 2021

WHO IS ELIGIBLE AT TCF CENTER?

There is NO COST for the vaccine.

- Any resident of the City of Detroit who is age 65 or older (that means anyone born in 1955 or earlier).
- Childcare providers and K-12 school employees.
- Adult Foster Care caregivers.
- U.S. Post Office employees who live or work in Detroit.
- Employees of the City of Detroit or city-related agencies who are working from their regular job site. (Employees working from home are not eligible at this time).
- Federal, state law enforcement officials who live or work in Detroit and report to a job site, such as FBI, ATF, DEA, U.S. Marshall, U.S. Attorney, State Police, and Michigan Attorney General.
- Funeral home/mortuary services employees who live or work in Detroit.
- Active members of the clergy who live or work in Detroit and whose ministry brings them into face-to-face contact with congregation members.

- All food or beverage workers living or working in the City of Detroit: Grocery stores, restaurants, meat packing, food and beverage handling facilities.
- Security guards and janitors.
- All identified populations in Group 1A. Paid and unpaid persons in health care settings who have the potential for direct or indirect exposure to patients or infectious materials working in Detroit.
- Detroit residents 18+ with intellectual and developmental disabilities, caregivers of those residents and home healthcare providers if they travel in the same vehicle during the appointment. One live-in caregiver per resident. Evidence of condition required at appointment.
- Age 60+ with chronic illness. Conditions include: cancer (current/in-remission), chronic kidney disease, COPD, asthma, pulmonary fibrosis, cystic fibrosis, heart conditions, coronary artery disease, cardiomyopathy, hypertension, HIV, severe obesity, sickle cell disease, type 1 or 2 diabetes, liver disease, cerebrovascular disease, Alzheimer's disease, dementia.

HOW TO MAKE AN APPOINTMENT WITH THE CITY OF DETROIT COVID-19 VACCINE PROGRAM AT TCF

Appointments are being scheduled for the TCF Center. Here's how:

- Call (313) 230-0505 Monday through Friday, 9 am – 6 pm
- Choose Prompt 1 to make an appointment "vaccine option."
- 3. The following information will be recorded:
 - For 65+: Full name, date of birth, home address, phone number, and email.
- For workers and others, you will need to provide essential work type, employer name, work address, and bring proof of employment to the vaccine appointment (i.e. work badge or employer paystub printed or on your phone).
- You will be given appointments for 2 vaccine dates.
- Reminders and instructions will be sent via text and/or email.

Please check back for updates on vaccines for additional groups.





COVID-19 VACCINES S E N I O R SATURDAYS



City of Detroit has added two new locations for Senior Saturdays

FEBRUARY 27 AND MARCH 6, 13, & 20 COVID-19 Vaccines available by APPOINTMENT for Detroiters 65+, or 60+ with chronic health conditions. Appointments between 9 a.m. - 1 p.m.



Fellowship Chapel 7707 West Outer Drive



Grace Community Church 3 21001 Moross Road



Call (313) 230-0505 Monday-Friday, 9 a.m. – 6 p.m. to schedule.

Expanded Eligibility for COVID-19 Vaccinations at TCF Center

NEW: Any Good Neighbor 55 or older (city or suburban resident) who drives an eligible Detroit resident 60+ with underlying health condition or any Detroiter 65+ to TCF

Detroit residents 60 or older with underlying health conditions

Any Detroiter age 65 or older

Healthcare employees living or working in Detroit

K-12 teachers and support staff and childcare employees

U.S. Post Office employees living or working in Detroit

City of Detroit or City-related agency employees working from their regular job site State and federal law enforcement officials who report to a job site

Active clergy members whose ministry includes face-to-face contact with members

Funeral home and mortuary employees living or working in Detroit

Food service workers, security guards and janitors living or working in Detroit

Detroit residents 18 or older with documented intellectual or developmental disabilities

Detroit residents who are home healthcare providers

COVID-19 Testing



www.detroitmi.gov/coronavirus

Any Detroit resident can get a free COVID-19 test at the State Fairgrounds

Residents must make an appointment and have identification when they arrive for the test. However, they won't need a doctor's prescription or to be experiencing COVID-19 symptoms. Residents should call (313) 230-0505 to schedule an appointment. For Identification, residents can use:

- Driver's License
- State or City ID
- Documents showing their address in last 30 days, such as a utility bill, pay stub, lease agreement or credit card statement

City offers free rapid COVID-19 testing to

Detroit salon & barber shop employees and independent contractors



www.detroitmi.gov/coronavirus

City offers free rapid COVID-19 testing to restaurant and bar owners and employees





DETROIT

www.detroitmi.gov/coronavirus

Resources

FREE FOOD DISTRIBUTION 30 lbs of Nutritious Groceries*



Monday, January 11, 2020 2:00 pm - 4:00 pm



HELPING OUR COMMUNITY DURING URGENT TIMES OF NEED

Thank you for making us your only stop for meals! We love serving our community and we want to ensure all families wishing to receive meals can do so. Families and individuals in need of food are encouraged to attend an upcoming drive-up distribution provided by Gleaners Community Food Bank.

- ~30 pounds of groceries—Items like milk, fresh fruits, vegetables, lean protein and other shelf-stable items.
- Drive-up or walk-up—Stay in your vehicle, and groceries will be placed into your trunk. Walk
 up guests without vehicles or those without a trunk are welcome to obtain groceries from a
 self-service table. If walking, please be prepared to carry the groceries or have a cart.
- No appointment needed—You do not need to bring identification or proof of eligibility to receive food.
- Increasing safety- If you wish to pick up for another household you may do so without their presence in the car.

Together with Gleaners Community Food Bank, we are taking all necessary precautions to distribute food safely.



This institution is an equal opportunity provider. *Food items may vary by distribution site Every other Monday from 2pm - 4pm Gleaners is doing free food distribution to support families in need! Visit the Northwest Activities Center on the dates below to receive 30 lbs of free groceries.

Dates: 2/8, 2/22, 3/8, 3/22, 4/5, 4/19, 5/3, 5/17, 6/14



Genesis**HOPE** WeCARE Community Solutions

Farm-to-Family

FOOD BOX GIVEAWAY

EVERY WEDNESDAY 10am - 2pm

Starting February 3, 2021

Genesis Lutheran Church 7200 Mack Avenue, Detroit, MI 48214 (Mack & E. Grand Blvd. across for Swanson's)

Additional Food Resources

- Forgotten Harvest
- For People 60 & Over: Request a Delivery, Meal, or Friendly Reassurance

Coronavirus Information

HOW TO PUT ON, USE, TAKE OFF AND DISPOSE OF A



Before putting on a mask, wash hands with alcohol-based hand rub or soap and water



Cover mouth and nose with mask and make sure there are no gaps between your face and the mask

Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water



Replace the mask with a new one as soon as it is damp and do not re-use single-use masks



To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; wash hands with alcoholbased hand rub or soap and water

detroitmi.gov/coronavirus



World Health Organization



What should I do if I have COVID-19 symptoms?

Call your doctor if you're showing symptoms of fever, cough and shortness of breath...

-AND- Have been in close contact with a person known to have COVID-19.

-**OR**- Have recently traveled from an area with widespread or ongoing community spread of COVID-19.

Learn more at Michigan.gov/Coronavirus.

10 ways to manage respiratory symptoms at home

If you have fever, cough, or shortness of breath, call your healthcare provider. They may tell you to manage your care from home. Follow these tips:

 Stay home from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. Monitor your symptoms carefully. If your symptoms get worse, call your healthcare provider immediately.



3. Get rest and stay hydrated.



 If you have a medical appointment, call the healthcare provider ahead of time and tell them that you have or may have COVID-19.



9.

5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.





- 7. Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.
- 8. As much as possible, stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.

Avoid sharing personal

towels, and bedding.

items with other people in

your household, like dishes,





10. Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



For more information: www.cdc.gov/COVID19

CS 315822-A 03/12/2020